

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skills Domain	Clinical Care
Skills Category	Tube Feeding
Skills Standard Title	Perform insertion and change of nasogastric tube (NGT)*
Skills Standard Descriptor	Perform insertion and change of nasogastric tube
Skills Proficiency Level	Level 3 <i>Previously 'Advanced' under CCSSF</i>
Source Code	CCSSF-CC-TF-4002-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Need for insertion / change of nasogastric tube who are unable to ingest orally, which may include: ○ Provide nutrients for client • Types and sizes of nasogastric tube • Precautionary measures in relation to Nasogastric Insertion • Common indications and contraindications of Nasogastric Insertion • Requisites for performing insertion and change of nasogastric tube (not limited to): ○ Feeding tray ○ Kidney dish ○ Syringes • After-care monitoring and management actions, which may include (not limited to): ○ Vital signs ○ Distress ○ Securing of tube ○ Weighing clients • Documentation for Nasogastric insertion and change, which may include: ○ Length of exposed tube ○ Result of PH test ○ Insertion process ○ Attempts of insertion • Organisational policies in relation to: ○ Interpreting information on doctor's order on nasogastric tube requirements ○ Assessing client's general status and readiness for insertion and/or change of nasogastric tube

	○ Communicating with client ○ Performing insertion of nasogastric tube ○ Performing change of nasogastric tube ○ Reinstating environment and all items used ○ Performing after-care monitoring and management ○ Documenting updates ○ Addressing complications by escalating to a qualified staff if suspected ● Complications in relation to insertion and change, which may include (not limited to): ○ No aspiration ○ Bleeding ○ Distress ● Standard precautions, which may include (not limited to): ○ Use of personal protective equipment ○ Hygiene practices ○ Handling clients with infection ○ Outbreak ○ Hand hygiene ● Relevant legal and/or industrial requirements in relation to support care functions, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health)
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: ● Communicate with client in relation to insertion and/or change of nasogastric tube in accordance with organisational procedures ● Interpret information on doctor's order on nasogastric tube requirements in accordance with organisational policies and procedures ● Assess client's general status and readiness for insertion and/or change of nasogastric tube in accordance with organisational procedures ● Position client for conducive fluids and foods intake ● Perform insertion / change of nasogastric tube in accordance with organisational procedures ● Reinstatement environment and all items used in accordance with organisational procedures ● Perform after-care monitoring and management in accordance with organisational policies and procedures. ● Document updates in accordance with wound stage and condition

	Address complications by escalating to a qualified staff if suspected in accordance with organisational policies and procedures
Person Centred Care <i>This refers to having a person centred care mindset to drive the caregiver to respect and recognise the decisions/choices of the person they are taking care of.</i>	Underlying principles: Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services
Performance Outcome <i>This refers to the outcome of the task on the care recipient as indication of workplace success</i>	The support care staff is able to: - Perform insertion and change without any pain, trauma or injury to client - Practise infection control in accordance with National Infection Prevention and Control Guidelines - Complete reports / documents in accordance to legal requirements, organisational policies and procedures